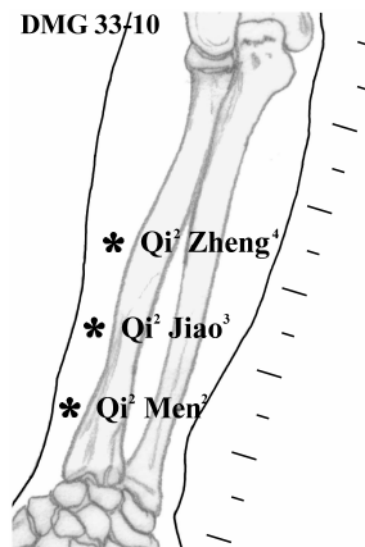


Pain: Leg*/Cruralgia (MC)
 Yang² Ming² Distribution Stomach Channel – 1

1. Contralateral – DMG 33-10 ‘Hold Three This’; Ipsilateral – DMG 33-16 ‘Sural Spirit Three Needles’, Men² Jin¹ (MC):

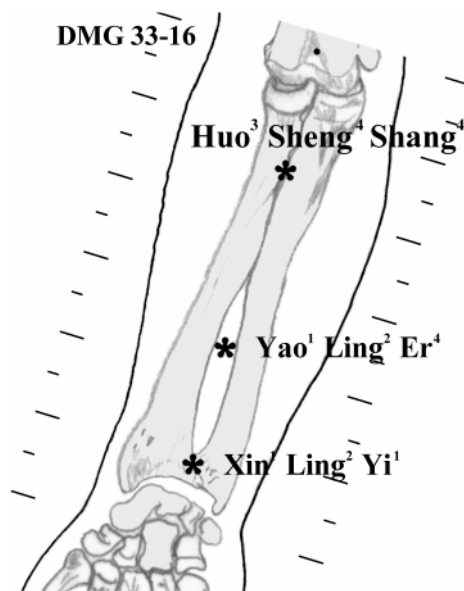
• **DMG 33-10 ‘Hold Three This’:**

- i. **Qi² Men²:** This point is located along the lateral border of the radius bone, 2.0 *cun* proximal to the distal transverse wrist crease; Needle obliquely from lateral to medial (i.e., radial to ulnar) parallel to the skin 0.2 to 0.5 *cun*. {Lung Branch Reaction Area} (This point is on the Hand Yang²-Ming² Large Intestine Channel 2.0 *cun* proximal to the distal transverse wrist crease.)
- ii. **Qi² Jiao³:** This point is located along the lateral border of the radius bone, 2.0 *cun* proximal to Qi² Men²; Needle obliquely from lateral to medial (i.e., radial to ulnar) parallel to the skin 0.2 to 0.5 *cun*. {Lung Branch Reaction Area}
- iii. **Qi² Zheng⁴:** This point is located along the lateral border of the radius bone, 2.0 *cun* proximal to Qi² Jiao³; Needle obliquely from lateral to medial (i.e., radial to ulnar) parallel to the skin 0.2 to 0.5 *cun*. {Lung Branch Reaction Area}



• **DMG 33-16 ‘Sural Spirit Three Needles’:**

- i. **Xin¹ Ling² Yi¹:** This point lies on the anterior surface of the antebrachium in the interosseous space between the ulna and radius bones, i.e., on the Hand Jue² Yin¹ Pericardium Channel, 1.5 *cun* proximal to the anterior distal transverse wrist crease; Needle 0.5 to 1.5 *cun* or even through to the dorsum. {Heart Organ Branch Reaction Area}
- ii. **Yao¹ Ling² Er⁴:** This point is located 4.5 *cun* proximal to the anterior distal transverse crease of the wrist, in the interosseous space between the ulna and radius bones, on the Hand Jue² Yin¹ Pericardium Channel, i.e., 4.5 *cun* proximal to PC-7^{WHO} on a line connecting PC-7^{WHO} with PC-3^{WHO}; Needle 0.5 to 1.5 *cun* or even through to the dorsum. {Kidney Reaction Area}
- iii. **Huo³ Sheng⁴ Shang⁴:** This point is located on the anterior surface of the antebrachium, on the Hand Jue² Yin¹ Pericardium Channel, 3.0 *cun* distal to PC3^{WHO}; Needle 0.5 to 1.5 *cun* or even through to the dorsum.



- **Men² Jin¹:** This point is located on the dorsum of the foot in the depression found immediately distal to the articulation of the bases of the 2nd and 3rd metatarsal bones; Needle unilaterally only and with a fine gauge needle 0.5 *cun*. {Stomach Branch and Duodenum Reaction Areas}

*Leg = Anatomic Leg i.e., from the knee to the ankle