

Pain: Head/Cephalalgia; Frontal (LKC-5)

1. Zhong¹ Bai², Tai⁴ Yang² Yi¹, Tai⁴ Yang² Er⁴, San¹ Huo³, Zhong⁴ Kui² (LKC):

- **Zhong¹ Bai²:** This point is located on the dorsum of the hand, between the 4th and 5th metacarpal bones, 0.5 *cun* proximal to the metacarpophalangeal articulations; Needle 0.5 *cun*. {Kidney Branch Reaction Area}
- **Tai⁴ Yang² Yi¹:** This point is located at the proximal to distal center of Digit Line C on the anterior surface of the proximal phalanx of the 5th digit of the hand; Needle perpendicularly 0.2 to 0.3 *cun* or 'let'. {Liver and Gallbladder Reaction Areas}
- **Tai⁴ Yang² Er⁴:** This point is located at the proximal to distal center of Digit Line C on the anterior surface of the middle phalanx of the 5th digit of the hand; Needle perpendicularly 0.2 to 0.3 *cun* or 'let'. {Liver and Gallbladder Reaction Areas}
- **San¹ Huo³:** These three points are located on the palm of the hand, along the course of the shaft of the 3rd metacarpal bone. The central point is located at the proximal-distal midpoint of the shaft and the other two points are located 0.5 *cun* proximal and 0.5 *cun* distal to the central point; Needle perpendicularly 0.3 to 0.5 *cun*. {Heart Branch Reaction Area}
- **Zhong⁴ Kui²:** This point is located in the depression at the junction of the shaft and the head of the 2nd metacarpal bone. Commencing at the base of the 2nd metacarpal bone in the 1st dorsal interosseous space, slide distally along its radial shaft until you encounter the junction of the shaft and the head of this metacarpal; Needle, closely adherent to the 2nd metacarpal bone, 0.2 to 0.5 *cun* or 'let'. {Heart and Lung Branch Reaction Areas}

