

## Cystitis (HPC)

### 1. Yun<sup>2</sup> Bai<sup>2</sup>, Li<sup>3</sup> Bai<sup>2</sup>, Tong<sup>1</sup> Shen<sup>4</sup>, and Shen<sup>4</sup> Guan<sup>1</sup> – treat every other day and symptoms should be completely resolved within 10 days (HPC):

- **Yun<sup>2</sup> Bai<sup>2</sup>:** This point is found 2 *cun* obliquely anterior and distal to Bei<sup>1</sup> Mian<sup>4</sup>. Needle 0.3 to 0.5 *cun*. {Six Bowels and Lung Auxiliary Branch Reaction Areas} (Bei<sup>1</sup> Mian<sup>4</sup> is found in the large depression immediately lateral (distal) to the acromion process of the scapula when the arm is abducted to 90°.)
- **Li<sup>3</sup> Bai<sup>2</sup>:** This point is located 2 *cun* distal and slightly dorsal to Yun<sup>2</sup> Bai<sup>2</sup>. Needle 0.3 to 0.5 *cun*. {Kidney Auxiliary and Lung Branch Reaction Areas}
- **Tong<sup>1</sup> Shen<sup>4</sup>:** This point is located in the depression found at the superomedial angle of the patella. Needle 0.3 to 0.5 *cun*. {Kidney Reaction Area}
- **Shen<sup>4</sup> Guan<sup>1</sup>:** This point lies 1.5 *cun* immediately distal to Tian<sup>1</sup> Huang<sup>2</sup>. Needle 0.5 to 1.0 *cun*. (Tian<sup>1</sup> Huang<sup>2</sup> is located in the depression found immediately distal to the medial tibial condyle, and lies 2.5 *cun* distal to the articular surface of the medial tibial condyle.) {Six Bowels Reaction Area}

