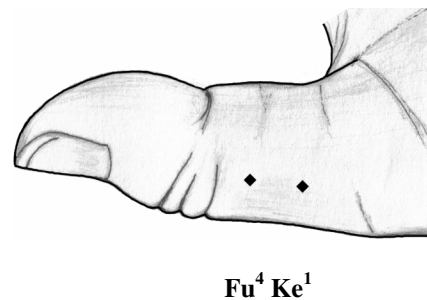
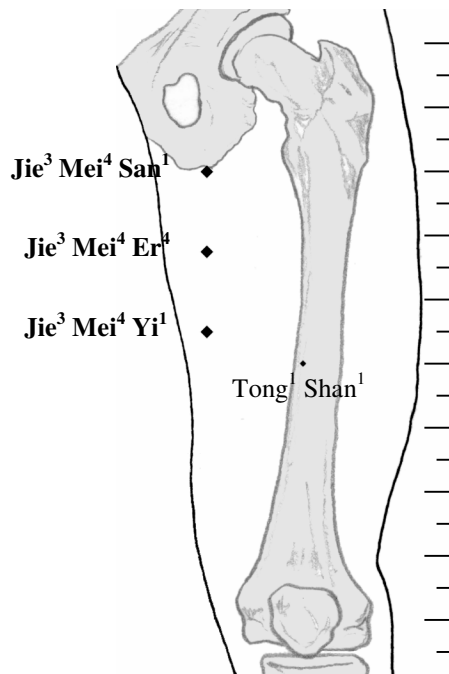


Endometriosis (HPC)

1. DMG 88-10 ‘Three Sisters Three Needles’ (Hu’s) and Fu⁴ Ke¹ (HPC):

- **DMG 88-10 ‘Three Sisters Three Needles’ (Hu’s)**
 - i. **Jie³ Mei⁴ Yi¹ (Hu’s):** This point is found on the anteromedial thigh. It is located by coursing 1 *cun* proximal and 3 *cun* medial to Tong¹ Shan¹. Needle 1.5 to 2.5 *cun*. {Six Bowels and Kidney Branch Reaction Areas} (Tong¹ Shan¹ is found on the median plane of the anterior thigh, 7.0 *cun* proximal to the center of the superior edge of the patella. Therefore, Jie³ Mei⁴ Yi¹ (Hu’s) is located 8 *cun* proximal and 3 *cun* medial to the center of the superior edge of the patella.)
 - ii. **Jie³ Mei⁴ Er⁴ (Hu’s):** This point is located 2.5 *cun* immediately proximal to Jie³ Mei⁴ Yi¹ (Hu’s). Needle 1.5 to 2.5 *cun*. {Six Bowels and Kidney Branch Reaction Areas}
 - iii. **Jie³ Mei⁴ San¹ (Hu’s):** This point is located 2.5 *cun* immediately proximal to Jie³ Mei⁴ Er⁴ (Hu’s). Needle 1.5 to 2.5 *cun*. {Six Bowels and Kidney Branch Reaction Areas}
- **Fu⁴ Ke¹:** This 2 point set is found on the dorsum of the proximal phalanx of the 1st digit (thumb) on the Ulnar Line; i.e., 0.3 *cun* ulnar to the Posterior Midsagittal Line of the thumb. Divide the proximal phalanx of the thumb, from the dorsal metacarpophalangeal skin crease to the dorsal interphalangeal skin crease along the Ulnar Line, into thirds – the proximal point is located at the demarcation of the 1st and 2nd thirds and the distal point is located at the demarcation of the 2nd and final thirds. Needle 0.2 to 0.3 *cun* – Dr. Hu advises that needling the RIGHT side is more effective than the LEFT. {Uterine Reaction Area}



DMG 88-10 ‘3 Sisters 3 Needles’