

PAIN INDEX:

Acute Lumbar Sprain/Strain:
230.

Ankle:
Lateral: 119.
Sprain/Strain: 119.

Antebrachialgia:
28, 29, 30, 31, 32, 33, 34, 35, 36, 38, 40,
42.

Arm:
7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18,
19, 20, 21, 22, 23, 24, 25, 26, 27.

Atypical Facial:
184.

Back: 203 ~ 233
Acute Lumbar Sprain/Strain: 230.
Chronic Lumbar Impaired Kidney
Function: 232.
Degenerative Disc Disease – Lumbar:
222.
Disc – Herniated: 205.
Dorsalgia: 216, 217, 218, 219, 220, 221.
General: 203, 204, 205, 206.
Herniated Disc: 205.
Impaired Kidney Function: 232
Interscapular: 221.
Kidney Depletion: 226.
Low Back: 222, 224, 225, 226, 227, 228
232, 232, 233, 234, 236.
Lumbago: 222, 224, 225, 226, 227, 228
232, 232, 233, 234, 236.
Lumbalgia: 222, 224, 225, 226, 227, 228
232, 232, 236.
Lumbar: 222, 224, 225, 226, 227, 228
232, 232, 236.
Sprain/Strain – Lumbar: 230.
Spondylosis – Lumbar: 236.
Thoracolumbar: 208.
Upper Back: 216, 217, 218, 219, 220,
221.

Bladder Tai⁴ Yang² Channel:
Cruralgia: 106, 107.
Femoral: 82, 84.
Foot: 125, 126.
Leg: 106, 107.
Pedalgia: 121, 122.
Thigh: 82, 84.

Blood Vacuity Headache:
142.

Brachial:
7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18,
19, 20, 21, 22, 23, 24, 25, 26, 27.

Brachialgia:
7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18,
19, 20, 21, 22, 23, 24, 25, 26, 27.

Brachium:
7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18,
19, 20, 21, 22, 23, 24, 25, 26, 27.

Brain Disease – Organic Headache:
143, 144.

Calcaneodynia:
133, 134, 135, 136.

Calf:
114, 115, 116, 117, 118.

Carpodynia:
44, 45, 46.

Cephalalgia: 138 ~ 178.
Blood Vacuity: 142.
Brain Disease - Organic: 143, 144.
Cold/Flu: 140.
Depletion - Kidney: 145.
External Pathogenic Factor: 147.
Fever: 148.
Frontal: 150, 151, 152, 153, 154, 155.
Global: 138, 149.
Glossopharyngeal Distribution: 189.
Hypertension: 148.
Kidney Depletion: 145.
Non-Specific: 138.

Occipital: 171, 172, 173, 174, 175, 176, 177, 178.
 Organic Brain Disease: 143, 144.
 Post-traumatic: 139.
 Qi Vacuity: 141.
 Qi/Blood Vacuity: 141.
 Sinus: 180.
 Supraciliary: 179.
 Temporoparietal: 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167.
 Trigeminal Distribution: 182, 183, 184.
 Vacuity – Blood: 142.
 Vacuity – Qi: 141.
 Vacuity – Qi/Blood: 141.
 Vertex: 168, 169, 170.
 Zang-Fu Associated: 146.

Cervical Spondylosis Deformans:
 210, 211, 212, 213.

Cervical Sprain/Strain: 209.

Cervicodynia:
 209, 210, 211, 212, 213, 214, 215.

Chest:
 190, 191, 192, 193, 194, 195.

Chronic Lumbar - Impaired Kidney Function:
 232.

Clavicle:
 1.

Clavicular:
 1.

Cold/Flu Headache:
 140.

Collar Bone:
 1.

Complex Regional Pain Syndrome:
 Upper Extremity 1.

Costalgia:
 197, 198, 199, 200, 202.

Cruralgia:
 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113.

Dactylodynia:
 59, 60, 61.

Degenerative Disc Disease – Lumbar:
 222.

Depletion – Kidney Headache:
 145.

Disc – Herniated:
 205.

Digits:
 Fingers: 59, 60, 61.
 Toes: 137.

Dorsalgia:
 216, 217, 218, 219, 220, 221.

External Pathogenic Factor Headache:
 147.

Facial:
 181, 182, 183, 184, 185, 186, 187.

Femoral:
 74, 75, 76, 78, 79, 80, 81, 82, 84, 86, 88, 90, 91, 92.

Fever Associated Headache:
 148.

Fifty (50) Years Shoulder:
 5.

Fingers:
 59, 60, 61.

Flu Induced Headache:
 140.

Foot:
 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132.

Forearm:
28, 29, 30, 31, 32, 33, 34, 35, 36, 38, 40, 42.

Frontal Headache:
150, 151, 152, 153, 154, 155.

Gallbladder Shao⁴ Yang² Channel:
Cruralgia: 105.
Femoral: 81.
Foot: 123, 124.
Leg: 105.
Pedalgia: 123, 124.
Thigh: 81.

Genual:
93, 94, 95, 96, 97, 98, 100, 101.

Glenohumeral:
5, 6.

Global Headache:
138, 149.

Glossodynia:
189.

Glossopharyngeal Distribution:
189.

Hand:
47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58.

Headache: 138 ~ 178.
Blood Vacuity: 142.
Brain Disease - Organic: 143, 144.
Cold/Flu: 140.
Depletion - Kidney: 145.
External Pathogenic Factor: 147.
Fever: 148.
Frontal: 150, 151, 152, 153, 154, 155.
Global: 138, 149.
Glossopharyngeal Distribution: 189.
Hypertension: 148.
Kidney Depletion: 145.
Non-Specific: 138.

Occipital: 171, 172, 173, 174, 175, 176, 177, 178.

Organic Brain Disease: 143, 144.
Post-traumatic: 139.

Qi Vacuity: 141.

Qi/Blood Vacuity: 141.

Sinus: 180.

Supraciliary: 179.

Temporoparietal: 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167.

Trigeminal Distribution: 182, 183, 184.

Vacuity – Blood: 142.

Vacuity – Qi: 141.

Vacuity – Qi/Blood: 141.

Vertex: 168, 169, 170.

Zang-Fu Associated: 146.

Heart Shao⁴ Yin¹ Channel:
Antebrachialgia: 42.
Arm: 23, 24.
Brachialgia: 23, 24.
Forearm: 42.
Hand: 57, 58.

Heel:
133, 134, 135, 136.

Herniated Disc:
205.

Hypertension Associated Headache:
148.

Impaired Kidney Function – Chronic Lumbar:
232.

Index Finger:
59.

Interphalangeal Joint(s) – Hand:
61.

Interscapular:
221.

Jue² Yin¹ Liver Channel:
Cruralgia: 110, 111.
Femoral: 90.
Foot: 129, 130.

Leg: 110, 111.
 Pedalgia: 129, 130.
 Thigh: 90.

Jue² Yin¹ Pericardium Channel:

Antebrachialgia: 40.
 Arm: 20, 22.
 Brachialgia: 20, 22.
 Forearm: 40.
 Hand: 55, 56.

Kidney Shao⁴ Yin¹ Channel:

Cruralgia: 112, 113.
 Femoral: 91, 92.
 Foot: 131, 132.
 Leg: 112, 113.
 Pedalgia: 131, 132.
 Thigh: 91, 92.

Kidney Depletion Headache:
 145.

Kidney Depletion Lumbalgia:
 226.

Knee:
 93, 94, 95, 96, 97, 98, 100, 101.

Large Intestine Yang² Ming² Channel:

Antebrachialgia: 30, 31.
 Arm: 10, 12.
 Brachialgia:
 Forearm: 30, 31.
 Hand: 48, 49.

Leg: Anatomic Leg - from knee to ankle ONLY:
 101, 102, 103, 104, 105, 106, 107, 108,
 109, 110, 111, 112, 113, 114, 115, 116,
 117, 118.

Liver Jue² Yin¹ Channel:

Cruralgia: 110, 111.
 Femoral: 90.
 Foot: 129, 130.
 Leg: 110, 111.
 Pedalgia: 129, 130.
 Thigh: 90.

Low Back Pain:

222, 224, 225, 226, 227, 228 232, 232,
 233, 234, 236.

Lumbago:

222, 224, 225, 226, 227, 228 232, 232,
 233, 234, 236.

Lumbalgia:

222, 224, 225, 226, 227, 228 232, 232,
 236.

Lumbar, Chronic - Impaired Kidney Function:

232.

Lumbar – Degenerative Disc Disease:

222.

Lumbar Myalgia:

233, 234.

Lumbar Sprain/Strain - Acute:

230.

Lumbar Spondylosis Deformans:

236.

Lung Tai⁴ Yin¹ Channel:

Antebrachialgia: 36, 38.
 Arm: 17, 18.
 Brachialgia: 17, 18.
 Forearm: 36, 38.
 Hand: 53, 54.

Myalgia – Lumbar Region:

233, 234.

Nasal – Atypical Facial:

184.

Neck:

209, 210, 211, 212, 213, 214, 215.

Non-Specific Headache:

138.

Occipital Headache:

171, 172, 173, 174, 175, 176, 177, 178.

Organic Brain Disease Associated Headache:
143, 144.

Pedalgia:
120, 121, 122, 123, 124, 125, 126, 127,
128, 129, 130, 131, 132.

Pericardium Jue² Yin¹ Channel:
Antebrachialgia: 40.
Arm: 20, 22.
Brachialgia: 20, 22.
Forearm: 40.
Hand: 55, 56.

Pleurodynia:
196.

Popliteal:
97.

Post-traumatic Headache:
139.

Prosopalgia:
181, 182, 183, 184, 185, 186, 187.

Qi Vacuity Induced Headache:
141.

Qi/Blood Vacuity Induced Headache:
141.

Rachialgia: 203 ~ 233
Acute Lumbar Sprain/Strain: 230.
Cervicodynia: 209, 210, 211, 212, 213,
214, 215.
Cervical Spondylosis: 210, 211, 212,
213.
Cervical Sprain/Strain: 209.
Chronic Lumbar Impaired Kidney
Function: 232.
Degenerative Disc Disease – Lumbar:
222.
Disc – Herniated: 205.
Dorsalgia: 216, 217, 218, 219, 220, 221.
General: 203, 204, 205, 206.
Herniated Disc: 205.
Impaired Kidney Function: 232
Interscapular: 221.

Kidney Depletion: 226.
Low Back: 222, 224, 225, 226, 227, 228
232, 232, 233, 234, 236.
Lumbago: 222, 224, 225, 226, 227, 228
232, 232, 233, 234, 236.
Lumbalgia: 222, 224, 225, 226, 227, 228
232, 232, 236.
Lumbar: 222, 224, 225, 226, 227, 228
232, 232, 236.
Neck: 209, 210, 211, 212, 213, 214, 215.
Sprain/Strain – Lumbar: 230.
Spondylosis – Cervical: 210, 211, 212,
213.
Spondylosis – Lumbar: 236.
Thoracolumbar: 208.
Upper Back: 216, 217, 218, 219, 220,
221.

Rib:
197, 198, 199, 200, 202.

Sacrococcydynia:
235.

Sacrococcygeal:
235.

San¹ Jiao¹ Shao⁴ Yang² Channel:
Antebrachialgia: 32, 33.
Arm: 14.
Brachialgia: 14.
Forearm: 32, 33.
Hand: 50, 51.

Scapulalgia:
1, 3, 4.

Sciatic Distribution:
64, 65, 66, 67, 68, 69, 70, 71, 72, 73.

Shao⁴ Yang² San¹ Jiao¹ Channel:
Antebrachialgia: 32, 33.
Arm: 14.
Brachialgia: 14.
Forearm: 32, 33.
Hand: 50, 51.

Shao⁴ Yang² Gallbladder Channel:
Cruralgia: 105.

Femoral: 81.
 Foot: 123, 124.
 Leg: 105.
 Pedalgia: 123, 124.
 Thigh: 81.

Shao⁴ Yin¹ Heart Channel:
 Antebrachialgia: 42.
 Arm: 23, 24.
 Brachialgia: 23, 24.
 Forearm: 42.
 Hand: 57, 58.

Shao⁴ Yin¹ Kidney Channel:
 Cruralgia: 112, 113.
 Femoral: 91, 92.
 Foot: 131, 132.
 Leg: 112, 113.
 Pedalgia: 131, 132.
 Thigh: 91, 92.

Shoulder:
 5, 6, 7, 8.

Shoulder Blade:
 1, 3, 4.

Sinus Headache:
 180.

Small Intestine Tai⁴ Yang² Channel:
 Antebrachialgia: 34, 35.
 Arm: 15, 16.
 Brachialgia: 15, 16.
 Forearm: 34, 35.
 Hand: 52.

Spinal: 203 ~ 233
 Acute Lumbar Sprain/Strain: 230.
 Cervicodynia: 209, 210, 211, 212, 213, 214, 215.
 Cervical Spondylosis: 210, 211, 212, 213.
 Cervical Sprain/Strain: 209.
 Chronic Lumbar Impaired Kidney Function: 232.
 Degenerative Disc Disease – Lumbar: 222.
 Disc – Herniated: 205.

Dorsalgia: 216, 217, 218, 219, 220, 221.
 General: 203, 204, 205, 206.
 Herniated Disc: 205.
 Impaired Kidney Function: 232
 Interscapular: 221.
 Kidney Depletion: 226.
 Low Back: 222, 224, 225, 226, 227, 228 232, 232, 233, 234, 236.
 Lumbago: 222, 224, 225, 226, 227, 228 232, 232, 233, 234, 236.
 Lumbalgia: 222, 224, 225, 226, 227, 228 232, 232, 236.
 Lumbar: 222, 224, 225, 226, 227, 228 232, 232, 236.
 Neck: 209, 210, 211, 212, 213, 214, 215.
 Sprain/Strain – Lumbar: 230.
 Spondylosis – Cervical: 210, 211, 212, 213.
 Spondylosis – Lumbar: 236.
 Thoracolumbar: 208.
 Upper Back: 216, 217, 218, 219, 220, 221.

Spleen Tai⁴ Yin¹ Channel:
 Cruralgia: 108, 109.
 Femoral: 86, 88.
 Foot: 127, 128.
 Leg: 108, 109.
 Pedalgia: 127, 128.
 Thigh: 86, 88.

Spondylosis Deformans - Cervical:
 210, 211, 212, 213.

Spondylosis Deformans - Lumbar:
 236.

Sprain/Strain:
 Ankle: 119.
 Cervical: 209
 Knee: 95.
 Lumbar: 230.
 Thumb: 62, 63.
 Wrist: 46.

Stomach Yang² Ming² Channel:
 Cruralgia: 103, 104.
 Femoral: 80.
 Foot: 121, 122.

Leg: 103, 104.

Pedalga: 121, 122.

Thigh: 80.

Strain:

Flexor Muscles – Arm: 26.

Extensor Muscles – Arm: 27.

Supraciliary:

179, 181.

Supraorbital:

181.

Suralgia:

114, 115, 116, 117, 118.

Syndrome:

Complex Regional Pain, UE 1,

Tai⁴ Yang² Bladder Channel:

Cruralgia: 106, 107.

Femoral: 82, 84.

Foot: 125, 126.

Leg: 106, 107.

Pedalga: 121, 122.

Thigh: 82, 84.

Tai⁴ Yang² Small Intestine Channel:

Antebrachialgia: 34, 35.

Arm: 15, 16.

Brachialgia: 15, 16.

Forearm: 34, 35.

Hand: 52.

Tai⁴ Yin¹ Lung Channel:

Antebrachialgia: 36, 38.

Arm: 17, 18.

Brachialgia: 17, 18.

Forearm: 36, 38.

Hand: 53, 54.

Tai⁴ Yin¹ Spleen Channel:

Cruralgia: 108, 109.

Femoral: 86, 88.

Foot: 127, 128.

Leg: 108, 109.

Pedalga: 127, 128.

Thigh: 86, 88.

Temporoparietal Headache:

156, 157, 158, 159, 160, 161, 162, 163,
164, 165, 166, 167.

Thigh:

74, 75, 76, 78, 79, 80, 81, 82, 84, 86, 88,
90, 91, 92.

Thoracaglia:

190, 191, 192, 193, 194, 195.

Thoracolumbar:

208.

Thumb:

62, 63.

Toes:

137.

Tongue:

189.

Trigeminal Distribution:

182, 183, 184.

Upper Back:

216, 217, 218, 219, 220, 221.

Upper Extremity:

Complex Regional Pain Syndrome 1.

Vacuity – Blood Induced Headache:

142.

Vacuity – Qi Induced Headache:

141.

Vacuity – Qi/Blood Induced Headache:

141.

Vertebral: 203 ~ 233

Acute Lumbar Sprain/Strain: 230.

Cervicodynia: 209, 210, 211, 212, 213,
214, 215.

Cervical Spondylosis: 210, 211, 212,
213.

Cervical Sprain/Strain: 209.

Chronic Lumbar Impaired Kidney
 Function: 232.
 Degenerative Disc Disease – Lumbar:
 222.
 Disc – Herniated: 205.
 Dorsalgia: 216, 217, 218, 219, 220, 221.
 General: 203, 204, 205, 206.
 Herniated Disc: 205.
 Impaired Kidney Function: 232
 Interscapular: 221.
 Kidney Depletion: 226.
 Low Back: 222, 224, 225, 226, 227, 228
 232, 232, 233, 234, 236.
 Lumbago: 222, 224, 225, 226, 227, 228
 232, 232, 233, 234, 236.
 Lumbalgia: 222, 224, 225, 226, 227, 228
 232, 232, 236.
 Lumbar: 222, 224, 225, 226, 227, 228
 232, 232, 236.
 Neck: 209, 210, 211, 212, 213, 214, 215.
 Sprain/Strain – Lumbar: 230.
 Spondylosis – Cervical: 210, 211, 212,
 213.
 Spondylosis – Lumbar: 236.
 Thoracolumbar: 208.
 Upper Back: 216, 217, 218, 219, 220,
 221.

Vertex Headache:
 168, 169, 170.

Wrist:
 44, 45, 46.

Yang² Ming² Large Intestine Channel:
 Antebrachialgia: 30, 31.
 Arm: 10, 12.
 Brachialgia:
 Forearm: 30, 31.
 Hand: 48, 49.

Yang² Ming² Stomach Channel:
 Cruralgia: 103, 104.
 Femoral: 80.
 Foot: 121, 122.
 Leg: 103, 104.
 Pedalgia: 121, 122.
 Thigh: 80.

Zang-Fu Associated Headache:
 146.

Zygomatofacial:
 186, 187.